



Cargill Cocoa & Chocolate
12500 West Carmen Avenue
Milwaukee, WI 53225-6199
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Indicative Nutritional Information

Peter's Glenmere 150 Milk Chocolate

Number of Servings: 1 (100 g per serving)

Weight: 100 g

<i>Nutrient</i>	<i>Value</i>
Calories (kcal)	520.31
Fat (g)	29.84
Saturated Fat (g)	18.28
Trans Fatty Acid (g)	0.16
Cholesterol (mg)	19.98
Sodium (mg)	71.59
Carbohydrates (g)	61.83
Dietary Fiber (2016) (g)	1.63
Total Sugars (g)	57.07
Added Sugar (g)	50.29
Protein (g)	6.3
Calcium (mg)	184.18
Iron (mg)	0.98
Vitamin D - mcg (mcg)	0.07
Potassium (mg)	368.05
Water (g)	0.83
Ash (g)	1.54

INGREDIENT STATEMENTS:

MILK CHOCOLATE (SUGAR, MILK, COCOA BUTTER, CHOCOLATE LIQUOR, SOY LECITHIN - AN EMULSIFIER, VANILLIN - AN ARTIFICIAL FLAVOR).