



Cargill Cocoa & Chocolate
12500 West Carmen Avenue
Milwaukee, WI 53225-6199
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Indicative Nutritional Information

Peter's Gourmet NGMI Semi Sweet Choc.

Number of Servings: 1 (100 g per serving)

Weight: 100 g

<i>Nutrient</i>	<i>Value</i>
Calories (kcal)	478.13
Fat (g)	28.24
Saturated Fat (g)	17.35
Trans Fatty Acid (g)	0.13
Cholesterol (mg)	6.67
Sodium (mg)	3.92
Carbohydrates (g)	65.91
Dietary Fiber (2016) (g)	6.49
Total Sugars (g)	53.52
Added Sugar (g)	53.24
Protein (g)	4.37
Calcium (mg)	36.23
Iron (mg)	2.44
Vitamin D - mcg (mcg)	0
Potassium (mg)	410.41
Water (g)	0.29
Ash (g)	1.34

INGREDIENT STATEMENTS:

Sugar, Chocolate Liquor, Cocoa Butter, Milk Fat, Soy Lecithin, Vanilla Powder, and Natural Flavor