

Barry Callebaut Canada inc.
CHD-BL-6170201-033 VANS BR VANIL CHOC

18 August 2009

Total Weight: 100.0 g (3.5 oz-wt.)
Serving Size: 100.0 g (3.5 oz-wt.)
Serves: 1.0
Cost: --

Per Serving

Nutrient	Amount Per 100g	Amount Per Serving
Basic Components		
Calories	510.6	510.6
Calories from Fat	313.8	313.8
Calories from Saturated Fat	197.8	197.8
Protein	4.3 g	4.3 g
Carbohydrates	59.1 g	59.1 g
Dietary Fiber	6.1 g	6.1 g
Sugar - Total	47.4 g	47.4 g
Other Carbs	5.6 g	5.6 g
Fat - Total	34.9 g	34.9 g
Saturated Fat	22.0 g	22.0 g
Mono Fat	12.1 g	12.1 g
Poly Fat	1.0 g	1.0 g
Trans Fatty Acids	0.1 g	0.1 g
Cholesterol	4.0 mg	4.0 mg
Water	0.4 g	0.4 g
Ash	1.4 g	1.4 g
Vitamins		
Vitamin A IU	15.9 IU	15.9 IU
Vitamin A RE	4.4 RE	4.4 RE
Thiamin-B1	0.1 mg	0.1 mg
Riboflavin-B2	0.0 mg	0.0 mg
Niacin-B3	0.5 mg	0.5 mg
Vitamin-B6	0.0 mg	0.0 mg
Vitamin-B12	0.0 mcg	0.0 mcg
Biotin	0 mcg	0 mcg
Vitamin C	0 mg	0 mg
Vitamin D mcg	1.6 mcg	1.6 mcg
Vitamin E mg	1.5 mg	1.5 mg
Folate	12.4 mcg	12.4 mcg
Vitamin K	7.5 mcg	7.5 mcg
Pantothenic Acid	0.1 mg	0.1 mg
Minerals		
Calcium	33.9 mg	33.9 mg
Iodine	0 mcg	0 mcg
Iron	5.1 mg	5.1 mg
Magnesium	117.4 mg	117.4 mg
Phosphorus	167.6 mg	167.6 mg
Potassium	480.5 mg	480.5 mg
Sodium	2.3 mg	2.3 mg
Zinc	1.6 mg	1.6 mg
Other		
Alcohol	0 g	0 g
Caffeine	86.7 mg	86.7 mg
Sugar Alcohol	0 g	0 g