

Barry Callebaut Canada inc.
CHM-BL-0100301-048 (0930030-441)

24 February 2010

Total Weight: 100.0 g (3.5 oz-wt.)
Serving Size: 100.0 g (3.5 oz-wt.)
Serves: 1.0
Cost: --

Per Serving

Nutrient	Amount Per 100g	Amount Per Serving
Basic Components		
Calories	537.3	537.3
Calories from Fat	296.5	296.5
Calories from Saturated Fat	185.6	185.6
Protein	5.5 g	5.5 g
Carbohydrates	59.9 g	59.9 g
Dietary Fiber	1.8 g	1.8 g
Sugar - Total	56.5 g	56.5 g
Other Carbs	1.6 g	1.6 g
Fat - Total	32.9 g	32.9 g
Saturated Fat	20.6 g	20.6 g
Mono Fat	11.3 g	11.3 g
Poly Fat	1.1 g	1.1 g
Trans Fatty Acids	0.1 g	0.1 g
Cholesterol	13.9 mg	13.9 mg
Water	0.4 g	0.4 g
Ash	1.4 g	1.4 g
Vitamins		
Vitamin A IU	44.8 IU	44.8 IU
Vitamin A RE	13.1 RE	13.1 RE
Thiamin-B1	0.1 mg	0.1 mg
Riboflavin-B2	0.2 mg	0.2 mg
Niacin-B3	0.2 mg	0.2 mg
Vitamin-B6	0.0 mg	0.0 mg
Vitamin-B12	0.5 mcg	0.5 mcg
Biotin	0.0 mcg	0.0 mcg
Vitamin C	1.2 mg	1.2 mg
Vitamin D mcg	2.5 mcg	2.5 mcg
Vitamin E mg	1.9 mg	1.9 mg
Folate	12.4 mcg	12.4 mcg
Vitamin K	7.6 mcg	7.6 mcg
Pantothenic Acid	0.4 mg	0.4 mg
Minerals		
Calcium	158.5 mg	158.5 mg
Iodine	0 mcg	0 mcg
Iron	1.8 mg	1.8 mg
Magnesium	47.8 mg	47.8 mg
Phosphorus	172.8 mg	172.8 mg
Potassium	312.9 mg	312.9 mg
Sodium	59.0 mg	59.0 mg
Zinc	1.0 mg	1.0 mg
Other		
Alcohol	0 g	0 g
Caffeine	31.6 mg	31.6 mg
Sugar Alcohol	0 g	0 g