

MISTY MINTS

NUTRITION FACTS

Serving Size: About 35 pieces (40g)

Servings per container: Aprox. 18

Amount per serving

Calories 210

Calories from Fat 100

% Daily Value*

Total Fat 11g

17%

Saturated Fat 7g

35%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 55mg

2%

Total Carbohydrate 28g

9%

Dietary Fiber

0%

Sugars 26g

Protein 0g

Vitamin A 0%

Vitamin C 0%

Calcium 4%

Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories 2,000 2,500

Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g