



Cocoa Powder #7-852
Cocoa Powder Midnight LWSO - BL 80

Nutritional Values

Nutrient	Value	UOM
kJ	1123	kJ/100g
kcal	269	kcal/100g
Fat	12	%
Saturated Fat	7.2	%
Mono Unsaturated fat	3.9	%
Poly Unsaturated Fat	0.5	%
Trans fat	0.01	%
Protein	28	%
Total Carbohydrates*	8.0	%
Total Carbohydrates US Regulations*	37	%
Sugar	1.2	%
Added Sugar	0.0	%
Starch	6.8	%
Total Fiber	32	%
Insoluble Dietary Fiber	23	%
Soluble Dietary Fiber	8.4	%
Theobromine	2.1	%
Caffeine	0.2	%
K (Potassium)	6170	mg/100g
Na (Sodium)	95	mg/100g
Ca (Calcium)	167	mg/100g
Mg (Magnesium)	569	mg/100g
Fe (Iron)	34	mg/100g
Cu (Copper)	4.0	mg/100g
Zn (Zinc)	7.0	mg/100g
Cl (Chloride)	0.06	mg/100g
P (Phosphorus)	771	mg/100g
Vitamin A (Retinol)	21	µg/100g
Vitamin B1 (Thiamin)	0.09	mg/100g
Vitamin B2 (Riboflavin)	0.04	mg/100g
Vitamin B3 (Niacin)	3.2	mg/100g
Vitamin B5 (Pantothenic Acid)	0.19	mg/100g
Vitamin B6 (Pyridoxine)	0.02	mg/100g
Vitamin C (Ascorbic Acid)	0.9	mg/100g
Vitamin D (Cholecalciferol)	3.2	µg/100g
Vitamin E (Tocopherol)	3.9	mg/100g
Cholesterol	0	mg/100g